



All Funds Raised go to CHaD's Child Life Program!

About the Child Life Program

Child Life Services are designed to meet the social, emotional and developmental needs of children and adolescents while they are in the healthcare setting. Services include preparing the children for medical experiences, distraction and support during healthcare encounters and procedures, and activities to promote growth and development.

The Role of the Child Life Specialist

The Child Life Specialist's role is based upon building trusting relationships with the child and family. This allows the Child Life Specialist to make needs assessments, provide interventions and give emotional support as indicated by the child's developmental status, previous medical experiences, the nature of pending medical experiences, overall coping abilities and the available support network. The Child Life Specialist also helps prepare and support the child through medical tests and procedures, and serves as a liaison between the child and the medical environment.

Child Life Activities

The Child Life Program provides entertainment not only for hospitalized children, but also for children throughout the outpatient areas. We believe it is important to offer children safe spaces and normal day-to-day activities, the kind they would participate in if they were not in the hospital. Here at CHaD, we think of activities as our tools to help normalize the patient's day and help the child perform developmentally appropriate activities such as they would at home or school. We also use celebrations and entertainment as diversion for children who are in pain or discomfort. Celebrations are an integral part of the Child Life Program to help children cope with the stress of their care.



**Fundraising
Tips**

Fundraising is easy if you break it into small, achievable goals! First, set a personal fundraising goal for yourself.

Next, let potential sponsors know what your goal is. Tell them what their dollars will do to help the kids at CHaD.

Example:

Sponsor yourself for \$5

Ask four family members for \$10

Ask six friends for \$5

Ask a business for \$25

That's \$100.00 already!

Other ideas:

Hang up a pledge sheet at your office or school if allowed. Ask sponsors about matching funds from their employers. Challenge a friend to meet or beat your fundraising goal
Get creative!



For more information, contact:

**CHaD Community Relations
Dartmouth-Hitchcock
100 Hitchcock Way
Manchester, NH 03104
603-629-1862
toby.trudel@hitchcock.org**

www.chadkids.org
www.facebook.com/chadkids

**Donations are tax deductible:
CHaD's Tax ID is 02-0222140**

About CHaD

The Children's Hospital at Dartmouth-Hitchcock (CHaD), provides an extended system of care offering advanced pediatric services.

As New Hampshire's children's hospital, CHaD is committed to providing outstanding, compassionate care for children and their families. Our physician expertise provides primary, specialty and tertiary care to the children of New Hampshire, Vermont and beyond.

We see children for everything from well-care visits to the most complex childhood diseases. No child is ever denied services at CHaD based on their family's ability to pay.



www.facebook.com/chadkids



Read-a-thon



A perfect choice for programs such as National Reading Month and Read Across America!

Classrooms
Families
Scout Groups
Homeschoolers
Civic Groups

About the CHaD Read-a-thon

The Friends of CHaD, a volunteer group working on behalf of the Children's Hospital at Dartmouth-Hitchcock, is pleased to introduce the CHaD Read-a-thon program. The Read-a-thon encourages a love of reading while providing a creative and fun way to help CHaD. It's also a perfect choice for schools participating in *National Reading Month* and *Read Across America*.

Money raised through the Read-a-thon will directly impact the kids at CHaD. Funds will be used to purchase books and toys for waiting rooms along with other children's activity supplies for use by our Child Life Program.

Thank you for supporting CHaD by participating in this enriching program. We hope it provides you and your family and friends with many hours of pleasure as you experience the magic of reading! On behalf of the children whose lives you will touch, thank you for your support.



How it works

Pick a time-frame.

Your CHaD Read-a-thon can go as long as you wish. Four weeks works well.

Begin to collect pledges.

Pledges can be based on the number of minutes, pages or books you read or have read to you.

Example: Ask for 5 cents per page or a flat pledge (like \$20) if you meet your goal. Use the [CHaD Pledge Pages](#) that we supply.

As you obtain pledges or donations, record each person's name, mailing address and their pledge amount.

Sponsors may pay you immediately, or wait until you've completed your reading. Please have any checks made payable to "CHaD."

Read or be read to!

After your time period is up, tally up your reading, complete the pledge sheet, collect any outstanding pledges and turn any cash into a check or money order payable to "CHaD."

Return the pledge sheets and funds to the CHaD Community Relations office.

Top individual and group fundraisers are eligible for some great prizes including New Hampshire Fisher Cats baseball game tickets!