

# Seizure Action Plan:

Name:

Childs DOB:     /     /

Childs Weight:     Date Taken:

Parents:

Email:

Phone:

Emergency Contact:

Relation:

Phone:

Pediatrician:

Phone:

Email:

Neurologist:

Phone:

Email:

# Seizure Information:

Seizure Type:	What Happens:	Length:	Frequency:

Triggers:

# Daily Seizure Medication:

Medications:	How Much:	How Often:	
Diet:	Special Instructions:	When Started:	
Devices Type:	Special Instructions:	Date Implanted:	Serial # / Model #:

## Seizure First Aid:

- Keep calm, provide reassurance, remove bystanders
- Keep airway clear, turn on side if possible, nothing in mouth
- Keep safe, remove objects, do not restrain
- Time, observe, record what happens
- Stay with person until recovered from seizure
- Other care needed:

## Emergency Care / Rescue Treatments:

Name:	Amount to Give:	When to Give:	How to Give:

## Call 911 or Seek Emergency Medical Attention If:

- Generalized seizure longer than 5 minutes
- Two or more seizures without recovering between seizures
- " Emergency Care / Rescue Treatments " don't work
- Injury occurs or is suspected, or seizures occurs in water
- Breathing, heart rate or behavior doesn't return to normal
- Unexplained fever or pain, hours or few days after a seizure

## Authorizations:

I have read this action plan and agree with the information . I also give permission for the school nurse to discuss the management of epilepsy with members of the medical team.

Parent / Guardian Signature \_\_\_\_\_ Date \_\_\_ / \_\_\_ / \_\_\_

The school nurse may administer medications per this action:

Provider Signature \_\_\_\_\_ Date \_\_\_ / \_\_\_ / \_\_\_

In general, children with seizure disorders should not be limited in their activities. However, climbing to heights without a harness or swimming should always be closely monitored.