Celebrating 20 years of exceptional, family-centered care
HEALTH TIP

Be your child’s hydration hero! If you drink water or low-fat milk instead of soda or other sweet beverages, then your child is more likely to make the healthier choice as well. Water is an “anytime” drink. Enjoy it with your child!

Ind CHaD on Facebook

There’s always something going on at CHaD, and Facebook is the latest way our friends and supporters can stay connected and informed. Become a “friend” on our CHaD Facebook page and stay current on CHaD health-related news and community events. This is an opportunity to share your questions, ideas and comments with CHaD and our community. We hope you will join us! You can access our Facebook page directly at facebook.com/chadkids.

Runners and walkers of all ages shared in a day of fun and physical exhilaration, all to raise money during this year’s record-breaking CHaD Hero Half Marathon.

WELCOME TO CHaD MATTERS

In 2012, we celebrated our 20th year anniversary as the Children’s Hospital at Dartmouth-Hitchcock with the help of #20 NASCAR driver Joey Logano. If 2012 was any indication of what 2013 will bring, then CHaD is in for a wonderful 21st year.

In this issue, we visit with the Doctors Little: George, who became New Hampshire’s first neonatologist; and his wife Carol, a role model of work/life balancing. The Littles have dedicated decades to infants and children of our region as well as the world. Torunn Rhodes, MD—one of the few doctors who still makes house calls—prepares for her 2013 retirement after 30 years of compassionate care with CHaD. While we pay tribute to our longtime colleagues, we are excited to introduce the robust list of new providers joining us here at CHaD.

In 2012, as in past years, so many community members and businesses turned out in support of CHaD; we are happy to acknowledge some of our top fundraisers and the events they made possible. Going strong again in 2012 were the Friends of CHaD, and longtime supporters WalMart, C&S Wholesale Grocers, and The NH Fisher Cats—among others. We hope you had a chance to join us for at least one of numerous fun events, like the inaugural CHaD NH East-West High School All-Star Football Game.

On the following pages there is a lot to share. Our story of seven-year-old Jovante will give you a better understanding of the essential role of the ‘Hospitalist’ in patient and family care. Take a look at our progress with Face of a Child: CHaD’s Craniofacial Program. Read about the latest development in epilepsy monitoring—Video EEG. Ever wonder what you do with 4,000 purple crocheted caps? Prevent child abuse, of course!

It has been a busy and wonderful year for CHaD, and 2013 is full of promise. Let us get started.

John F. Modlin, MD
Interim Director, CHaD
Chair of Pediatrics
Geisel School of Medicine at Dartmouth

ON THE COVER: As proud CHaD parents of ICN graduates, Bryan Gray helps team mate Aimee Alexander. The two, along with 31 other ICN staff and parents, participated on Team ICN Neopuffers at this year’s CHaD Hero Half Marathon, raising nearly $6,500.

SPECIAL EDITOR’S NOTE: On the cover of our Summer 2012 issue, we pictured Dr. Linda Specht, Pediatric Neurology, and Dr. Katherine Nicholson MD, Neurology.
Focusing In on Epilepsy:
Video-EEG Monitoring

Video-EEG monitoring helps to determine the best treatments and, in many cases, clarifies the diagnosis. According to Dr. Morse, there are two main reasons to order video-EEG monitoring for a patient: “One, there’s a question of reported spells being epileptic or not, so we try to characterize an event in the real world electrically. The second is if they have a diagnosis of epilepsy and are either not responding to their medications or we are trying to establish whether there might be a surgical approach to treat their epilepsy.”

Video-EEG monitoring can be done as an inpatient or outpatient. The data is fed into a central recording server. For inpatients, there is also a video camera in the monitoring suite where a parent or caregiver stays with the child during the process. Monitoring can be anywhere from 24 hours to 5-6 days.

CHaD Welcomes New Specialty Care Providers

CHaD is pleased to welcome several new providers to our specialty care staff in Lebanon and Manchester. It is our goal to offer prompt access to our primary and specialty care providers, as well as excellent service and care to all patients.

Pediatric Critical Care
Lebanon
Omar J. Bhutta, MD
Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA, 2005
Residency: University of Washington Children’s Hospital, Seattle, WA, Pediatrics, 2005-09
Fellowship: University of Washington Children’s Hospital, Seattle, WA, Pediatric Critical Care Medicine, 2009-12
Board Certified: Pediatrics, 2008
Practice Note: Communication strategies, medical education, quality improvement and patient safety

Pediatric Neurosurgery
Lebanon
David F. Bauer, MD
Medical School: University of Michigan Medical School, Ann Arbor, MI, 2004
Internship: University of Alabama University Hospital, Birmingham, AL, General Surgery, 2004-05
Residency: University of Alabama University Hospital, Birmingham, AL, Neuro-Oncology and Brain Tumor Biology, 2007-09; Children’s Hospital and Regional Medical Center, Seattle, WA, Pediatric Neurosurgery, 2011-12
Practice Note: Pediatric epilepsy surgery, pediatric brain and spinal cord tumors and injury, congenital brain and spine malformations, spinal dysraphism, chiari malformation, syringomyelia, cerebral palsy, spasticity, baclofen pump, selective dorsal rhizotomy, complex spinal instrumentation, craniofacial disorders

Pediatric Orthopaedic Surgery
Lebanon
John T. Braun, MD
Medical School: Cornell University Medical College, New York, NY, 1989
Internship: New York Hospital – Cornell Medical Center, New York, NY, General Surgery, 1989-90
Residency: Hospital for Special Surgery – Cornell University, New York, NY, Orthopedic Surgery, 1990-94
Fellowship: Twin Cities Scoliosis Spine Center and The University of Minnesota, Minneapolis, MN, Orthopedic Spine Surgery, 1994-95
Board Certified: Orthopedic Surgery, 1999, 2010
Practice Note: Scoliosis and spinal deformities in children, minimally invasive fusionless scoliosis surgery, prognostic genetic testing for scoliosis

Pediatric Urology
Lebanon
David R. Chavez, MD
Medical School: Dartmouth Medical School, Hanover, NH, 1988
Internship: Oregon Health Sciences University, Portland, OR, General Surgery, 1988-89
Residency: Stanford Hospital & Clinics, Stanford, CA, General Surgery, 1989-91; Dartmouth-Hitchcock Medical Center, Lebanon, NH, Urology, 1991-95
Fellowships: Beth Israel Hospital, Boston, MA, Endourology, 1995-96; Duke University Medical Center, Durham, NC, Pediatric Urology, 1996-97
Board Certification: Urology, 1999; Pediatric Urology, 2010
Practice Note: Robotic surgery, stone disease, reconstructive pediatric urology, Third-World medicine

Neonatology
Lebanon
Tyler K. Hartman, MD
Medical School: Kibale International School of Medicine, Kibale, Uganda, 2004
Residency: Mayo Clinic, Rochester, MN, Pediatrics, 2004-07
Fellowship: Children’s Hospital Boston, Boston, MA, Neonatology, 2007-10
Board Certified: Pediatrics, 2007
Practice Note: Quality improvement, global health - neonatology, education

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In addition to the video, other advantages for inpatients, Dr. Morse says, are nurses. “They’ve developed expertise in terms of evaluating and supporting the interpretation by giving me feedback as to what they’ve observed directly during a spell.”

The advantage for outpatients is being able to go home or to school. “For outpatients, the wires are bundled into a little recording unit that is mounted into a backpack.”

Historically it could take years before a decision was made regarding surgery. EEG-monitoring aids in more precise diagnosis. “It’s very gratifying when you meet someone who’s had a rough go of it, but they are free of their epilepsy. It can be nothing short of revolutionary for that person,” says Morse.

WEAR YOUR SEATBELT: A SIMPLE ACT OF KINDNESS

IN 2010, Brentwood, NH, teenager, Chelsea Fuller, was killed in a car accident. Chelsea, 17 at the time, was not wearing her seatbelt and was ejected from the vehicle.

Wearing her seatbelt could have saved Chelsea’s life. That is the message Jasmine Johnson, also 17, wants her classmates at Great Bay eLearning Charter School and teens across New Hampshire to hear.

Howard Hedegard, the highway safety specialist at the Injury Prevention Center at CHaD—with funding from Allstate Foundation—partnered with Jasmine to create Somebody Loves You, Somebody Needs You, a video aimed at helping young drivers understand the consequences of choosing not to wear a seatbelt.

Hedegard uses the video, which features interviews with Chelsea’s family and friends, in Room to Live seatbelt safety presentations throughout the state.

Jasmine encouraged and challenged her graduating class to buckle up, and gave everyone a copy of the video. “Passion and vision are words that make me think of Jasmine—and determination,” says Hedegard. “She is determined to do more around driving safety.”

For more information on safe teen driving or to view Jasmine’s video, visit chadkids.org/seatbeltnote.
The Heart of Medical Mysteries: The Pediatric Hospitalist

What leaps out first about Jovante Rodriguez is his bright gaze. He has large, dark eyes and a peaceful smile, reflecting the spirit that refuses to dim beneath the tubes, the bandages, the wires, the tape, the needles, the scars.

Jovante, 7, was born premature with a constellation of serious issues including brain damage, seizures and asthma. He cannot walk, talk or eat. Until recently, he needed an ileostomy bag (allowing waste to leave the body through a tube) because of complications from a number of bowel operations.

His foster mother, Becky Orton, brought him to CHaD in September 2012 when he had trouble breathing and was in danger of developing pneumonia. Needless to say, a lot of specialists at CHaD were involved in Jovante's care. Overseeing that care was a hospitalist.

Hospitalists are physicians who focus solely on inpatients. Part general practitioner, part case manager, part medical translator, a hospitalist coordinates a patient’s tests and procedures, helps families understand what is happening and helps them through the decision-making process.

“We are highly available on the wards for communication with patients and families,” says Shawn Ralston, MA, MD, Dartmouth-Hitchcock’s new director of Hospital Medicine. “We don’t have other responsibilities such as clinic appointments, so we tend to spend a little more time at the bedside and embrace the role of ‘interpreter’ to families.”

Like all hospitalists, Ralston moves ceaselessly throughout her day. She starts her shift by meeting with residents to discuss recent cases. Then she takes to the floor for bedside rounds, speaking with patients and parents. Between patients, she’ll take phone calls about new admissions; talk to patients’ primary care doctors; read and sign residents’ notes; check on labs and tests; and find time to educate the newest generation of hospitalists in Dartmouth-Hitchcock’s residency program.

Orton remembers the hospitalists who took care of her son through the weeks he was at CHaD. “All of them became quite involved,” she says. “They all got to know him quite quickly. A lot of it was problem solving.”

For Ralston, problem solving is at the heart of why she loves the job. “We really enjoy a good medical mystery,” she said. “We like to be challenged. We don’t mind coming up against the edge of our own knowledge base. We like to learn more and more about more and more; it’s a play on a common medical joke about a specialist being a person who knows more and more about less and less.”

When Jovante’s breathing had stabilized, surgeons repaired Jovante’s lower intestine and removed the ileostomy bag, but he continued to have problems with blood pressure, heart rate, feeding and other issues. He ended up staying at CHaD for nearly a month.

Orton easily rattles off the list of specialists who were at his side, including physicians from Pulmonology, Nephrology, Neurology, Gastroenterology, Surgery, Cardiology and Urology. Her hospitalists helped ensure that she was up-to-date on everything that developed and involved in every decision, and made sure that Jovante’s many other caregivers were aware of her wishes. Part of that relationship included engaging her in family-centered rounds, the deliberate practice of inviting patients and families to be part of regular rounds with students, residents and nurses. It’s stan-
Communication is the key to patient-centered care for CHaD’s clinical teams involved in complex cases such as Jovante’s. Mark Smith, MD, left, checks on Jovante as his foster mother looks on.

“We enjoy family-centered rounds as both a physician and a teacher,” Ralston says. “I think it allows families to watch the doctor work, and to see the amount of thought and deliberation that goes into taking care of their child every day.”

That variety is what drew Ralston to hospital medicine in the first place. Her research interest is in pediatric respiratory illnesses, so she says it would have been logical to become a pulmonologist, but the range of experiences she found as a hospitalist was eminently more satisfying. She’s also the editor of the journal Hospital Pediatrics, which broadens her knowledge and experience even further.

“I think the key to job satisfaction for me is to never stop learning,” Ralston says. “I never want to feel I’ve arrived at the end of the journey. I always want to be a learner, and being a hospitalist is the best way to do that for me.”

That rings particularly true at CHaD, as hospitalist Jodi Wenger, MD, points out. The fact that CHaD can take acute patients like Jovante means that its hospitalists may encounter some situations only once in a great while. “We’re doing the harder cases,” she says. “We see the complicated patients who have a higher level of acuity.”

Part of Ralston’s job is to discuss with families the fact that medicine still involves a great deal of uncertainty, particularly in complicated cases.

“Our society sees medicine as having answers,” Ralston says. “If we do enough tests, or the right tests, we’ll be able to diagnose the problem, however, those of us who work in the hospital know that clinical uncertainty is incredibly common. We know that you often don’t get the answer to what is causing some illnesses. We also know that patients get better most of the time, and that our job as doctors sometimes consists solely in helping the patient and family understand this, especially in pediatrics.”

Jovante is now back home with his family and doing well.

“He requires 24/7 care because he can’t do anything for himself,” Orton says. “But his spirit is huge, and he melts my heart with his big smile and bright eyes. I love this boy with all my heart and can’t wait until he’s legally, officially ours.”

“Getting to know Jovante and his mother was, for me, one of those things that make me love my job,” Ralston says. “Becky is an amazing caregiver, and Jovante is a really bright spark, despite living in a body with a lot of limitations. And, while I hope to see him again outside of the hospital, I really hope he doesn’t have to be my patient again anytime soon.”

On August 14, 2012
CHaD supporters and friends from the New Hampshire Fisher Cats and WMUR joined forces to host a night of family fun at this year’s Play Ball for CHaD night. The evening provided a great setting for CHaD families and supporters to enjoy fun activities, including a WMUR personality dunk tank, a dress-like-a-surgeon booth, as well as a great night of baseball by the NH Fisher Cats AA, the affiliate of the Toronto Blue Jays. This year’s event raised a total of $7,350 for CHaD from ticket sales (of which the Fisher Cats generously donated half of their ticket proceeds to CHaD) and donations collected by WMUR. Our thanks to these two great organizations!
Over 4,000 Clicks!

Knitters and crocheters around New Hampshire made more than 4,000 purple caps to bring attention to the prevention of infant abuse.

The period of PURPLE Crying is an awareness campaign to help prevent child abuse by raising awareness about normal infant crying and the dangers of shaking an infant. This year, the New Hampshire Children’s Trust spearheaded the NH CLICK for Babies campaign to increase awareness of the Period of PURPLE Crying. Hundreds of knitters and crocheters put their needles to work and made over 4,000 adorable purple baby caps. Locations throughout the state, including four CHaD locations, served as drop-off stations for newly created caps. Caps were distributed to babies born at 12 of New Hampshire’s birthing units, including Dartmouth-Hitchcock Medical Center, throughout November 2012. Visit: www.PURPLEcrying.info for more information.

We’ve Always Been “Baby-Friendly”—Now It Is Official

LAST YEAR, Dartmouth-Hitchcock Medical Center received a distinguished recognition as a “Baby-Friendly” birth facility, as designated by Baby-Friendly USA. Baby-Friendly USA, Inc. is the U.S. authority for the implementation of the Baby-Friendly Hospital Initiative (“BFHI”), a global program sponsored by the World Health Organization and the United Nations Children’s Fund.

The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies. The prestigious international award recognizes birth facilities that offer breastfeeding mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies. The award is maintained by continuing to practice BFHI’s “Ten Steps to Successful Breastfeeding,” as demonstrated by quality processes.

“The goal is to increase the level of evidence-based support for new mothers and babies,” says Bonny Whalen, MD, a pediatrician at CHaD, medical director of the Newborn Nursery at DHMC and a certified lactation consultant. “Baby-Friendly designation is based on the Ten Steps, which have been shown to increase the duration of breastfeeding, as well as increasing the level of exclusivity—or how much breast milk a mother provides to her infant.”

There are more than 20,000 designated Baby-Friendly hospitals and birth centers worldwide, but only 142 in the United States—about four percent of all US hospitals and birth centers. The “Baby-Friendly” designation is given after a rigorous on-site survey is completed. DHMC will be re-assessed in five years, with annual reporting to Baby-Friendly USA on metrics including exclusive breastfeeding rates, rooming in rates, prenatal education efforts and continuing evidence-based lactation practices.

WINTER SPORT SAFETY

Winter Motorsports – While snowmobiling can be a fun and exciting way to enjoy winter, Safe Kids USA recommends the following guidelines:

- Children under six should not ride a snowmobile.
- Nobody under 16 should drive one.
- All snowmobile drivers and passengers should wear helmets designed for high-speed motor sports.
- A bike helmet is not sufficient protection when riding on snowmobiles.
Keeping David’s Promise

SINCE OPENING IN 1986, David’s House has been a place of refuge and rest for over 12,000 families who have come to CHaD to receive medical treatment for their children. As one past resident said, “The hospital is there to heal patients; David’s House is there to heal families.”

Founded in honor of David Cyr, who died in 1984 at age five, David’s House is available to anyone who has a child receiving medical care at CHaD, and welcomes families to stay as long as their child is in treatment. A voluntary donation of $20 a night is suggested, but only 40 percent of families can afford to pay, and no one is turned away due to lack of funds.

David’s House is completely funded by the community and grassroots fundraising. Now, in its 26th year, David’s House is turning again to the community for its continued support in “Keeping David’s Promise,” by launching a $4 million capital campaign to meet increasing demand for its services. “In the last five years we’ve had to deny more than 900 requests for rooms,” says Dawn Stanhope, David’s House Executive Director. “That’s just not acceptable. Our operating support comes from community donations and fundraising events,” explains Stanhope. “This campaign will help provide resources for the financial stability of our organization into the future.”

The pending construction of a 4-bedroom cottage-style addition will allow David’s House to serve 90 percent of those they had to turn away. “We’ll be able to accommodate more families, and larger families with a first-floor room for handicapped access. We’re very excited about the Nursing Mothers’ Center, which is a separate area for breastfeeding mothers,” says Stanhope. “And we’re renovating our kitchen, adding a breakfast nook for a bit of privacy.” The renovation, scheduled to be finished in early summer of 2013, will add a total of 3,615 square feet, with 2½ baths, storage space, and an office, sitting area and conference room.

The addition is being built in home-like fashion to keep it comfortable and welcoming for families and children. “We want them to feel like they are coming to a home, and not to an institution.”

C&S Wholesale Grocers: Making Dreams Come True

The 27th annual C&S Charity Golf Outing, known as Tee Up for Kids™, was held on August 7 and 8 in 2012 and raised an astounding $1.2 million to benefit children’s charitable organizations. CHaD is fortunate to be among them. The C&S donation to pediatric oncology this year was $350,000, surpassing last year’s gift by an impressive $30,000. C&S enlists the support of their suppliers, customers, business partners and volunteers to make this event hugely successful. Event participants are treated to a challenging game of golf, a delicious dinner and presentations from the benefitting organizations. A young two-time cancer survivor, Angela Fitzgerald, spoke to the crowd about why their support is so important. Now age 21, Angela has had two rounds of treatments for leukemia—one at 14 and another at 18. She is now in nursing school, following her dream to help others. Thanks C&S; your support helped make Angela’s dream a reality.

Everyone is all smiles about the generous donation. From left to right, Bob Palmer, Executive Vice President from C&S, Brian Schofield (Angela’s fiancé), Jack van Hoff, Angela Fitzgerald, Cat Fitzgerald (her mom behind her), Christa Burke, Jen Rupp, Kristin LaFromboise, Heather Harlow, and Tammy Moran.
THE YEAR WAS 1969, and a young physician named George Little, MD, was returning to the University of Vermont (UVM)—where he had received his medical degree—for a year of residency training in pediatrics.

“I came out of medical school in the Vietnam era when doctors were being drafted,” recalls Little, who had considered flying airplanes in the Navy but had decided instead to join the Peace Corps. “I’d been a Public Health Service physician in Africa for two years, and then I elected to stay on for a third year as Peace Corps Medical Director for Africa. That’s where I became interested in maternal and child health in the international arena.”

The Best Laid Plans...
Struck by how great the need was, Little had intended to go back into international health full-time after completing his residency. But fate would intervene.

“The year George came back to Burlington, I was in my last year of medical school at UVM,” says Carol Little, MD. “We met and got married. Then when I went to the University of Colorado (UOC) in Denver for my internship in pediatrics, he had to find something to do.”

At the suggestion of his UVM mentor Dr. Jerold Lucey, George took a fellowship at UOC in the burgeoning field of neonatology under Dr. Lula Lubchenco, who had set up one of the first neonatal intensive care units in the country there. Later, George and Carol committed to going to Uganda, but didn’t when the situation under Idi Amin grew progressively worse. Neither could foresee how these early changes in plans would profoundly affect their lives and the way that mothers and babies would be cared for—back home in this region and beyond.

New Beginnings
The Littles returned to the area in 1972 when George (New Hampshire’s first neonatologist) was recruited to Dartmouth by Dr. Saul Blatman, who became a role model and close friend. Back then, Dartmouth College was not yet co-educational. Dartmouth
Medical School was in the planning stages of bringing back its MD program, which it reinstated in 1973. And the former Mary Hitchcock Memorial Hospital in Hanover was very much an adult-oriented facility. “It was a challenge to find space and equipment,” George remembers. “Babies needing intensive care were wheeled through the adult ICU into a small room in the back with two incubators.”

By now, the Littles had started a family, so Carol decided to focus most of her energy on raising their three children and managing things at home in Hartland, VT. “It’s something that I really enjoyed,” she says. “I also worked part-time for many years as a child development specialist at Dartmouth and CHaD. Over time, my work focused more and more on doing...”

(Continued on pg. 12)
neurodevelopmental follow-up on babies that were in the Intensive Care Nursery—that was what I loved doing most.” Carol also served as Director of the Neonatal Follow-up Program. She retired from her clinical career last June. “Carol got very high marks from those who worked with her, in terms of her devotion to the children and families she cared for, and also from our residents who really enjoyed working with her in the clinic,” says John Modlin, MD, Chair of the Department of Pediatrics and Interim Director of CHaD. “She was probably as successful as anyone at balancing her personal life and professional career, and I think in that regard she was a great role model for residents.”

Growing Services
When Dr. Saul Blatman had to retire early due to illness, George first filled in and then succeeded him as Chair of the Department of Maternal and Child Health. “It was an early example of how adaptable George is, and how willing he’s always been to give more of himself whenever needed,” says Carol. “He’s a contextual thinker who is great at problem-solving and dealing with crises. I’m sure that some of that came out of his experiences in the Peace Corps.”

Over the years, George would apply his passion and talent for program building—along with his experience and expertise as a clinician, teacher and researcher—to make many important contributions to his field. One example is the creation and expansion of the Intensive Care Nursery (ICN). Today, CHaD’s 30-bed ICN is the highest-level nursery in the state of New Hampshire and has been recognized nationally for its philosophy of family-centered care. Over the past 40 years, the ICN has cared for more than 15,000 acutely-ill and vulnerable infants. Another example is George’s founding of the Vermont/New Hampshire Regional Perinatal Program. “I think that program is a key part of George’s legacy,” says retired obstetrician Barry Smith, MD, former Chair of Obstetrics/Gynecology. “Building on his strong ties with Dr. Lucey in Burlington, George developed a system of collaboration and trust, working with all of the hospitals in the region, which is one of the reasons why the perinatal outcomes in Vermont and New Hampshire are today the best in the country. George was also instrumental in bringing certified nurse midwives into our group, which has really led to a collaborative OB practice.”

Shaping Policy
“Many years ago, while serving on the national board of the Children’s Hospital Association, George had the vision that to be an academic, credible care provider doing research as well as clinical care, we really needed to be part of the children’s hospital community,” says William Edwards, MD, who trained under George and now serves as Section Chief of Neonatology. “So he became one of the architects and co-founders of CHaD, the state’s only full-service, comprehensive children’s hospital. “A part of George’s legacy is that he’s shaped our discipline on the national and international level,” says Edwards.

Since he retired from his clinical work last July, marking 40 years at Dartmouth and CHaD, George will have more time for international health, something that he and Carol have enjoyed doing together over the years. “I don’t think I’m a person who can fully retire,” he says. “I love what I do too much.”

Dr. Little is passionate about caring for babies as well as teaching others to share his passion. A teacher, a thinker, a care-giver, a leader—Dr. Little has made his mark as the “father of CHaD.”

The Doctors Little (continued)
The New Hampshire and Vermont Walmarts & Sam’s Clubs continued their successful efforts for CHaD in 2012, raising $300,000 and bringing their 12-year total to more than $3.5 million. Stores and vendor partners teamed up throughout the year, creating a wide array of fun and exciting fundraisers across the region, beginning with a winter ski event run by the Keene Walmart and culminating with a deep-sea fishing tourney sponsored by stores from Market 184.

Walmart and Sam’s Club associates displayed great ingenuity, coming up with original events and adding new ideas to existing ones. The Rindge store set a high bar, raising more than $3,000 at their CHaD carnival. They also teamed up with the Amherst Walmart for their annual “Frannie’s Ride,” expanding the drive across the beautiful Monadnock region.

Not to be outdone, the Concord Sam’s Club added a fantastic finish to their CHaD motorcycle event. Bikers arrived at the New Hampshire Motor Speedway (NHMS) and rode a victory lap around the state’s NASCAR track. Our special thanks to the NHMS for making this happen!

Other successful events during the summer were the Raymond Distribution Center’s “Weight Loss Challenge” and the annual “Change for CHaD” campaign, where bright pink cups adorned cash registers in stores, bringing in tens of thousands of dollars.

By far the most exciting new happening of the year was the first statewide softball tournament. Competition involved 21 stores and vendor partners from Pepsi, Bayside, Frito-Lay and Red Bull, playing in four preliminary tournaments. The winners qualified for the final round, held at Northeast Delta Dental Stadium in Manchester, home of the New Hampshire Fisher Cats. In an incredibly exciting championship game, the Epping Walmart left the bases loaded in the bottom of the last inning, falling 6-5 to the team from Pepsi. In a true spirit of cooperation for CHaD, the stores from Littleton and Woodsville joined forces to form the first “Littleville” team. Best of all, associate participation in the tournaments resulted in $25,000 in grants to CHaD from the Walmart Foundation.

This year was truly a remarkable one for innovation on the part of Walmart and Sam’s Club associates—all for the kids at CHaD!
Face of a Child: CHaD’s Craniofacial Program

AFTER YEARS OF QUIETLY MAKING A DIFFERENCE in the lives of children with facial anomalies and their families, the Craniofacial Program at CHaD, known as Face of a Child, is moving to a more visible role. Craniofacial Coordinator Donna Pourby has something more interactive in mind.

“In the next couple of years, our goal is to connect, engage and involve the children and their families. We want people to know about the program and what we are doing,” she said.

Pourby hopes to hold at least one event every four months, and so far so good. “In October, we participated in the CHaD Half Marathon and Ripcord 5K race. Our team, Faces Forward, had almost 300 people participating and each child had a T-shirt with the team logo, made possible by fundraising and Gloria and Doug Whelan. We were one of the largest teams ever to take part, and we raised over $28,000, which was matched by Positive Tracks—a national initiative that focuses on youth engagement and fundraising.

Pourby says the program is always looking for ideas and people who want to participate or for local businesses that want to lend a hand. “It not only helps the kids and families, but it’s also good publicity for the businesses.”

Earlier this year, the program held its first event, a Family Fun Day. “With the help of area businesses, and mostly the generous support of longtime donor Carla Manley-Russock, we were able to rent Upper Valley Lanes and Games in White River Junction, VT, for the event. We had cakes from A to Z Cakes, little trophies for the teams, and even goody bags. It was amazing to see how these children connected almost immediately,” said Pourby.

Manley-Russock, who has been dubbed the “fairy godmother” of the Craniofacial Program, has helped to support the Face of a Child for almost a decade. “This program just spoke to my heart,” says Manley-Russock. “After being a pediatric nurse for years and working in the newborn nursery where many of the children had cleft palates or other facial anomalies, it struck a chord.”

New Hampshire’s baseball team and New Hampshire’s children’s hospital have been a natural connection from the start. The New Hampshire Fisher Cats—the Double-A affiliate of the Toronto Blue Jays—have been supporting CHaD since the organization’s inception in 2004.

The team hosts the annual Granite State Baseball Dinner, presented by Northeast Delta Dental, to benefit CHaD, the Ted Williams Foundation and the Fisher Cats Foundation. The most recent dinner, held on November 17, 2012 in Manchester, is one for the record books, bringing the cumulative charitable proceeds from the dinner close to the $1 million mark! Our deepest thanks go to the entire Fisher Cats organization, the strong volunteer sponsorship committee led by Andy Crews of AutoFair, and all the sponsors and event attendees for their support.

The Fisher Cats truly are champions for the kids at CHaD—generously supporting CHaD throughout the year, including providing silent auction items for our various events and hosting the Battle of the Badges Autumn Baseball Classic and WMUR Play Ball for CHaD Night.

CHaD is extremely grateful to have a strong community partner like the Fisher Cats and looks forward to continuing the partnership for many years. Thank you Fisher Cats!

Left, Police Badges Player Roger Lamarche meets his CHaD Buddy Elliot at the CHaD Battle of the Badges Autumn Classic at the Fisher Cats ballpark. Right, our CHaD Hero Chris Carpenter signs an autograph for a young fan at the 2012 Granite State Baseball Dinner.

CHaD Kid Josey Mursyda-Pellilo performs another flawless rendition of our National Anthem at the 2012 Granite State Baseball Dinner.
Friends of CHaD is a group of volunteers devoted to the young patients and families of CHaD. “They are responsible for who and what the Children’s Hospital is today because of their dedication and hard work,” says Sharon Brown, Director of CHaD Community Relations. Since 1995, the group’s mission has been to build funds for and awareness of CHaD and act as public health advocates for children. “We certainly look for them to be a voice for children in the community, for issues from Medicaid to seatbelt and helmet use,” says Brown. “But we also trust them to be a voice from the community to CHaD leadership, and we see them as the communities being able to speak directly to us.”

Friends of CHaD North (DHMC in Lebanon) and Friends of CHaD South (D-H Manchester) consists of 50 dedicated volunteers. Their fundraising efforts include Kristen’s Gift Golf Tournament, CHaD Winter Carnival, CHaD Battle of the Badges Hockey and Baseball Tournaments, CHaD East-West All Star Football Game, CHaD Hero Half Marathon and Ripcord 5K, the Governor’s Breakfast at the New Hampshire Motor Speedway, CHaD corporate champion and partner campaigns, and many more activities and events.

In 2010, under the leadership of Barbara Couch from Hypertherm, Friends developed a strategic planning program and set a BHAG (Big Hairy Audacious Goal), which is a strategic business statement described in the book Built to Last: Successful Habits of Visionary Companies. “At the time they were raising just under $2 million a year, the BHAG goal was to increase that to $5 million over the next five years,” said Brown. It helped the group to become more focused and strategic in their events and goals.

“Now, after a couple of tough financial years, we’re back on track and, this year, we’re on our way to possibly reaching $3 million. We haven’t met our BHAG goal yet, but we’re on our way.”

One longtime member of Friends, Nini Meyer, was recently named CHaD Half Director of Community Engagement. “I’ve been involved since the very first year of the Half. But I have gotten so much more out of it than I have given,” says Meyer. And she has given a lot. Over the years, Meyer has helped to form teams and spearhead events. She is the founder of Positive Tracks, a national initiative that focuses on youth engagement and fundraising; and she has even run side-by-side with a survivor’s father as a show of support. She says she does it in part for selfish reasons. “It’s incredibly rewarding to connect to something outside of yourself and to help other people.”

Brown says Meyer’s enthusiasm is invaluable. “She embodies the passion and spirit of embracing CHaD.”

As ambassadors for the patients and families of CHaD, Friends volunteers go out into the community and represent the Children’s Hospital in a variety of forums and events—speaking out, about, or to the needs of CHaD. According to Brown, Friends of CHaD is vital to the organization. “They fill the gaps in terms of the funding and in what we are able to be for our patients. They are so engaged and committed, and they work day in and day out, year after year, in support of the children of CHaD.”

WINTER SPORT SAFETY

Helmets are essential for many outdoor winter activities. The risk of head injury is too great to leave the helmet in a closet at home. Ski helmets prevent or reduce the effects of 53 percent of the head injuries suffered by children while skiing or snowboarding. A bike or, preferably, a multi-sport helmet can be used for sledding and skating.
On Saturday, June 23, 2012 the top graduating football players in New Hampshire went head-to-head in the state’s first intrastate high school all-star football game at the University of New Hampshire (UNH). The net proceeds from the CHaD NH East-West High School All-Star Football Game, powered by the Bedford & Nashua Surgical Centers, benefit CHaD and the Kristen’s Gift Endowment Fund, a special fund for children with cancer at CHaD. The inaugural game raised more than $300,000, which included $58,200 of in-kind support.

In game one of what is sure to become a new tradition, the West Team led a 44-12 victory over the East.

CHaD kids also contributed to the excitement of the day. Patient Harris Jones did the ceremonial coin toss, and Josey Murayda-Pellilo performed a flawless rendition of the national anthem.

The players and their families gathered together with sponsors and community leaders on the eve of the big game at the All-Star Tailgate Banquet. WMUR Sports Director and CHaD hero Jamie Staton served as Master of Ceremonies, and UNH Head Football Coach Sean McDonnell was on hand to speak to the crowd as well.

The most memorable point in the evening came when Tyler Brown took the stage. Tyler was a promising young athlete as a freshman in 2002 when he was diagnosed with cancer a year later and was treated at CHaD. He talked about the effect the diagnosis had on him as an athlete. It was a powerful message for everyone in attendance, especially for the 72 all-star players who had just raised more than $51,500 for the CHaD programs.

The obvious goal of the CHaD All-Star Game is to showcase the state’s top football talent, but teaching the players philanthropy at a young age is of equal importance. To that end, Stephen Grzywacz was presented with the first annual Dan Duval Community Service Award at the banquet for being the top fundraiser, raising an impressive $6,165.

A big CHaD thank you to our players, coaches, families, dedicated committee members, corporate sponsors and media partners for making the first-year event possible. We would also like to thank UNH, the NHFOA, the Bedford & Nashua Ambulatory Surgical Centers, and the man who had the vision and passion to create this event, Nick Vailas.

Mark your calendars for the 2013 CHaD All-Star Football Game on June 29, 2013 at UNH. Visit CHaDAllStarFootball.org for more information.
The 9th Annual Kristen’s Gift Golf Puts the Fun Back in Fundraising

Golf enthusiasts and CHaD supporters alike took to the greens at the 9th annual Kristen’s Gift Golf Fun-Raiser on Thursday, August 9, 2012 at the Stonebridge Country Club in Goffstown, NH. Kristen’s Gift celebrates the life of Kristen Xiggoros, a vibrant 15-year-old from Manchester, NH, who passed away in 1997 following a courageous battle with a rare form of liver cancer.

The perfect summer day, combined with the incredible generosity of sponsors, participants, donors and volunteers, made for a very successful event and resulted in more than $35,000 raised for the pediatric oncology unit at CHaD. Special guest Avery Forrestall, an 11-year-old from Henniker, NH, who passed away in 1997 following a courageous battle with a rare form of liver cancer.

This year’s player and sponsor participation directly supported CHaD in raising critically needed funds and awareness for the important work we do, and we can’t thank our participants enough for keeping Kristen’s memory alive and providing hope and support for kids with cancer in New Hampshire.

Special thanks to WGIR/The Morning Buzz, Malco Distributors of New England and Coca-Cola of New England for their incredible ongoing support for CHaD and Kristen’s Gift.

CHaD Classic Rallies Again

Less than a year after Tropical Storm Irene made one of the pristine Quechee Club golf courses unusable, the community rallied for the 28th annual CHaD Classic Golf Tournament and CHaD Classic Gala. With half as many golfers as last year, organizers were uncertain whether they could raise the customary proceeds for CHaD’s Child Advocacy and Protection Program.

But the generosity and support of this year’s participants and sponsors far exceeded the expectations of CHaD and Quechee Lakes Landownders Association Charities, as the proceeds came in just over the $100,000 mark. A very special thanks to event organizers Gail Ferney and Sharin Luti and their team of amazing volunteers and to all the sponsors: Courtyard by Marriott; Children’s Fund of the Upper Valley; Wayne Griffin Electric; Sulloway & Hollis; Long Trail Brewing Company; Hinckley, Allen & Snyder; Comcast; Mascoma Savings Bank; Powers, Pyles, Sutter & Verville; Golf & Ski Warehouse; Dead River Company; Casella Northeast Waste Service; Anthem Blue Cross & Blue Shield of NH; Computac; Crown Point Cabinetry; Learyard Bank; Devine, Millimet & Branch; D.E.W. Construction Corp.; Global Forest Partners; Harvey Construction Group; PC Construction; BaySon Company; Whitman Communications and Workplace Benefits Solutions.

The 28th annual CHaD Classic Golf Tournament successfully concluded with a gala celebration. The charity’s tournament and gala events support CHaD’s Child Advocacy Program, which supports children and families in need of protection and advocacy services. The proceeds from this year’s events were expected to exceed $100,000, surpassing last year’s total of $85,000.

Special thanks to event organizers Gail Ferney and Sharin Luti and their team of amazing volunteers and to all the sponsors: Courtyard by Marriott; Children’s Fund of the Upper Valley; Wayne Griffin Electric; Sulloway & Hollis; Long Trail Brewing Company; Hinckley, Allen & Snyder; Comcast; Mascoma Savings Bank; Powers, Pyles, Sutter & Verville; Golf & Ski Warehouse; Dead River Company; Casella Northeast Waste Service; Anthem Blue Cross & Blue Shield of NH; Computac; Crown Point Cabinetry; Learyard Bank; Devine, Millimet & Branch; D.E.W. Construction Corp.; Global Forest Partners; Harvey Construction Group; PC Construction; BaySon Company; Whitman Communications and Workplace Benefits Solutions.

All “Fore” a Great Cause

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Heroes were left, right and centerfield on Saturday, September 22 when the New Hampshire Fisher Cats Foundation hosted the 2012 CHaD Battle of the Badges Autumn Baseball Classic. Rob Eccleston of the Swanzey Police Department led his team to the highest team fundraiser award with $30,136. David Garofano of Auburn Police Department claimed the highest individual fundraiser award with $3,520 to his credit, giving a great assist to his team. With an 8-4 win the game trophy was awarded to the Firefighters and team captain Bill Shea of Nashua Fire. Team Fire also raised an impressive $24,694 in support of the patients and families at CHaD. The event hit a home run, raising over $50,000 for the kids at CHaD.

On the afternoon preceding the 2012 Governor’s Breakfast, CHaD celebrated its 20th anniversary of being a children’s hospital with #20—Joey Logano. Logano is a special CHaD supporter who also happens to drive the #20 Home Depot Toyota in the Sprint Cup Series. The celebration included frozen yogurt donated by Sweet Scoops of Portsmouth, remote-control car races and plenty of opportunity for autographs.

The following morning, fans converged at New Hampshire Motor Speedway (NHMS) for the annual Governor’s Breakfast. This event, hosted by Speedway Children’s Charities as a benefit for CHaD and David’s House, featured driver Jeff Burton, driver of the #31 Caterpillar/Wheaties Chevrolet. “We are proud to be able support CHaD and David’s House through this event,” noted Jerry Gappens, General Manager of NHMS. Top sponsors included Towers Watson, Morgan Stanley, TransCanada Corporation, Kaufman Hall & Associates, PPG, NEPC, and Service Credit Union.

PUT ME IN COACH, I’M READY TO PLAY....

CHaD Celebrates 20 with #20

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What do you get when you mix a beautiful fall-foliage-filled course, mechanical animals and 2,800 participants? An absolutely amazing event! CHaD’s 7th annual CHaD Hero Half Marathon & Ripcord 5K, held in Hanover, NH, on Sunday, October 21st hosted record crowds and raised more than $600,000. Previously held in August, the new date opened doors to make this event bigger and better than ever. With cornstalks and pumpkins lining the streets, and the comforting aroma of hot soup filling the air, participants and spectators were treated to a wonderful fall festival atmosphere. Food vendors from the Upper Valley provided tasty treats and the Positive Tracks Kid-Zone provided hands-on activities for kids, including a rock-climbing wall, bounce house, sidewalk chalk, an art bus, mechanical animal rides and much more. Live bands took the stage to keep the runners going and the crowd entertained throughout the day.

This year CHaD witnessed an amazing outpouring of support from the Dartmouth athletes and Greek life, including PAAR—an organization that encourages philanthropic giving throughout the Greek system. Through our Positive Tracks Program, which focused on youth fundraising, we were able to kick our youth fundraising into high gear. Kids 23 and under raised more than $328,000, including the Positive Tracks match.

Another exciting area of growth this year was team fundraising. Nearly 140 teams joined the fun with participants who ran and walked in support of CHaD. The largest team, Faces Forward, capped off at 282 members, and the highest fundraising team, Run-4Rylant, raised more than $33,000.

Teams formed around corporate members, groups of friends, current patients, CHaD departments, and in some cases, in memory or honor of a CHaD patient as a way for friends and families to show their support to CHaD.

CHaD thanks all of our volunteers from planning committee members to the 400 individuals who gave of their heart and time, and all of our corporate "heroes", most notably our event underwriter Hypertherm Hope Foundation. Other top sponsors included Positive Tracks, The Byrne Foundation, The Children’s Fund of the Upper Valley, Chicago-Soft, Ltd., Blood’s Catering and Party Rentals, Casella Waste Systems, Coldwell Banker Redpath & Co., Mascoma Savings Bank, MVP Health Care, and The Point FM. Our sincere and deepest thanks to all.

A Marathon with Meaning: CHaD Half Success
## Calendar of Events

**CHaD Battle of the Badges Hockey Championship**  
**Saturday, March 16, 2013, 5 p.m.**  
Verizon Wireless Arena, Manchester, NH  
The Badges are back and ready to hit the ice. With five years of history, it's time to shake things up...and we can't wait to see on where the ice chips fall. It's exciting, it's intense...it's hockey! Visit CHaDhockey.org or email CHaDhockey@hitchcock.org. See you at the game!

**CHaD Classic Golf Tournament**  
**Monday, June 10, 2013**  
Quechee Club, Quechee, VT  
Join us for a great day of golf at the stunning Quechee Club. Registration is limited! Proceeds will support the Child Advocacy and Protection Program (CAPP) at CHaD. To register, contact Gail Ferney at 802.296.7128, jngferney@aol.com or visit chadclassic.org.

**2013 CHaD NH East-West High School All-Star Football Game**  
**Saturday, June 29, 1 p.m.**  
Cowell Stadium-UNH, Durham, NH  
The state’s top graduating seniors go head-to-head in New Hampshire's only intrastate high school all-star football game. The CHaD NH East-West High School All-Star Football Game, powered by the Bedford & Nashua Surgical Centers, promises to be fun for the entire family, and supports critical programs at CHaD like the Kristen’s Gift Endowment Fund, a special fund for children fighting cancer. Visit CHaDAllStarFootball.org or call 603.629.8496 for more information.

**2013 CHaD All-Star Golf Tournament**  
**Tuesday, June 18, 2013**  
Stonebridge Country Club, Goffstown, NH  
The CHaD All-Star Golf Tournament, sponsored by MALCO Distributors of New England, Clear Channel Radio’s Rock 101 WGIR FM and The Morning Buzz, will serve as the official kickoff for the CHaD All-Star golf festivities. Join us for a day at the links with CHaD partners, community leaders, all-star players and NH sports personalities. The event benefits CHaD and the Kristen’s Gift Endowment fund. Call 603.629.8496 for more information.

**SCC Breakfast at the Speedway**  
**Friday, July 12, 2013**  
New Hampshire Motor Speedway, Loudon, NH  
Hosted by Speedway Children's Charities, this annual breakfast gives NASCAR fans the opportunity to hear from some of their favorite drivers. Recently featured speakers have included Joey Logan, Trevor Bayne and Jeff Burton. Join us again for this exciting event that benefits CHaD and David’s House. For information on sponsorship, contact Kristin LaFromboise at 603.653.3437 or Kristin.P.LaFromboise@hitchcock.org.

**CHaD Classic Gala**  
**Saturday, July 27, 2013**  
Quechee Club, Quechee, VT  
Join us at the Quechee Club for a fun-filled night of gambling as QLLA Charities brings a little bit of Vegas to the Upper Valley. Proceeds will support the Child Advocacy and Protection Program (CAPP) at CHaD. For reservations, call the Quechee Club at 802.295.9536.

**The CHaD Storybook Ball**  
**Saturday, September 28, 2013**  
Wiggins Airways, Manchester, NH  
The CHaD Storybook Ball will turn the pages of many timeless storybook treasures into reality, as guests are transported into an awe-inspiring wonderland of imagination. This special evening includes individually designed storybook themed tables, a unique dining experience featuring some of NH’s award winning restaurants, live entertainment, in-costume characters and much more. For more information, contact Natalie Martinez-Harrison at 603.629.8126 or Natalie.A.Martinez@Hitchcock.org.

**WMUR CHaD Night at the NH Fisher Cats**  
**Thursday, August 8, 7:05pm**  
Manchester, NH  
Join us for a great night of baseball and family fun when the NH Fisher Cats take on the Bowie Baysox.

**CHaD Battle of the Badges Baseball Classic**  
**Sunday, September 15, 2013**  
Manchester, NH  
Hosted by New Hampshire Fisher Cats Charitable Foundation, Firefighters start the game as reigning champs and will bring the heat to defend their title. Will Police be able to arrest Fire’s lead in the series as they look to capture the trophy and the bragging rights? For more information, visit CHaDbaseball.org or by email at CHaDbaseball@hitchcock.org.

**CHaD Hero Half Marathon**  
**Sunday, October 20, 2013**  
Hanover, NH  
Challenge your body, inspire your mind and raise money for a great cause. Join us for the 8th annual CHaD Hero Half Marathon. Activities include: Cam’s Course, 5K Run and Walk, and the USAF Certified 13.1 Half Marathon. For more information, contact the Hero Half Headquarters at 603.650.3431 or CHaD. Half@Hitchcock.org. Check out chadhalf.org for upcoming details.