

NH RESOURCES

Rural Outright

Sullivan County & surrounding towns
(603) 542-1848 ext 306
www.tlcfamilyrc.org/ruralnhoutright.html
Facebook: @RuralNHOutright
Instagram: @ruralnhoutright

Seacoast Outright

Portsmouth & surrounding towns
www.seacoastoutright.org
Facebook: @OutrightPride
Instagram: @outrightpride

PFLAG Lebanon/Upper Valley

1-800-750-2524 or pflaguv@gmail.com
community.pflag.org/transgender

Out Proud Net

<http://outproud.weebly.com/>

GLSEN NH

Concord, NH
(603) 560-6998 or www.glsen.org/newhampshire
Facebook: @glsennewhampshire
Instagram: @glsennh

PFLAG NH

New Hampshire Chapter
www.pflagnh.org

The Venture Out Project

www.ventureoutproject.com
Facebook: @ventureoutproject
Instagram: @theventureoutproject

Camp Quinebarge

Moultonborough, NH
www.campquinebarge.com
Facebook: @camp.quinebarge
Instagram: @campquinebarge

NEED IMMEDIATE SUPPORT?

CRISIS HOTLINES:

The Trevor Project

24/7 Lifeline (talk or text)
1-866-488-7386
www.thetrevorproject.org

GLBT National Help Center

Hotline: 1-888-THE-GLNH
Youth Talkline: 1-800-246-PRIDE
help@GLBThotline.org
www.glbthotline.org/youth-talkline

Lesbian, Gay, Bisexual & Transgender Helpline

1 (888)-340-4528

National Suicide Prevention Help Line

1 (800) 273-8255
suicidepreventionhotline.org



@NHPubHealth



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LGBTQ+ YOUTH & FAMILIES



Resource Guide

YOUTH RESOURCES

It Gets Better Project

www.itgetsbetter.org

User-driven LGBTQ video content with 60,000 inspiring personal stories

Sex, etc.

sexetc.org

Sexual education, with publications by & for teens addressing gender identity/expression, sexual orientation & health

Trans Lifeline

1-877-565-8860

www.translifeline.org

Hotline staffed by transpeople for transpeople

Gender Odyssey

www.genderodyssey.org

Education, support & training for families & educators about gender identity/expression

Gender Spectrum

www.genderspectrum.org

Videos & tools about gender-related diversity/ issues

Trans Youth Equality

www.transyouthequality.org

Support for trans children & their families, how-to info for youth, age-appropriate book lists, links to legal resources, retreats & camps

Camp Aranu'tiq

Needham, MA

www.camparanutiq.org

Facebook: @camparanutiq



Positive Ways to Influence Health of LGBTQ+ Youth:

- Talk and Listen with Respect
- Provide Support
- Stay Involved
- Be Proactive



FAMILY RESOURCES

My Kid is Gay

mykidisgay.com

Resources for parents

Family Acceptance Project

familyproject.sfsu.edu

Videos, research, practice guides & training on family acceptance/rejection

TransYouthFamilyAllies

imatyfa.org/youth.html

Comprehensive basic information, advocacy & links to services for families

Advocates for Youth

www.advocatesforyouth.org

Articles, tips & advocacy information for parents about LGBTQ issues

Human Rights Campaign (HRC)

www.hrc.org/youth-report

Survey, videos & articles about national LGBT youth legislation

National Gay Straight Alliance Network

gsanetwork.org

Network of student-run, inclusive, middle & high school clubs

Gay, Lesbian & Straight Education Network

www.glsen.org

Links for students about upcoming events, GSA club registration & resources

National Center for Transgender Equality

transequality.org

Social justice advocacy organization

KidsHealth

www.kidshealth.org

Health modules for parents, kids, & teens with topics including: sexual orientation, drugs/alcohol & health