



Your Health Care Notebook: A Quick Guide

What is your Health Care Notebook?

- It is a tool to help you keep track of your child's

How can your Health Care Notebook help you?

- In caring for your child, you will get information and paperwork from many sources. Your Notebook helps you organize the most important information in a central place. It makes information easier to find and share with others who are part of your child's care team.

Using your child's Health Care Notebook.

- Gather any health information you already have about your child. This may include reports from doctor's appointments, immunization records, summaries of hospital stays, this year's school plan, test results, informational pamphlets, etc.
- Look through the pages in this Notebook. Which will help you keep track of information about your child's health or care.
- Print copies of those you think you will use.
- *The pages included in your Health Care Notebook are available on the Molly's Place website.*
<https://www.chadkids.org/family-center/patient-support-and-education>
- Bring your Notebook to appointments and add new information when you receive it, as well as if there is a change in your child's treatment.
- Keep your Notebook in a safe and convenient location.
- Make this Notebook work for you. Create your own sections; remove and rearrange pages to fit your needs. The most important thing is to make the information easy for **YOU** to find.

A Note from Staff in Molly' Place at the CHAD Family Center



Dear Parents ...

We offer you this Health Care Notebook as a gift, with deep appreciation for the important role you play in the life and care of your child. It has been created using valuable input from parents, community professionals and other Notebook templates that we reviewed. The goal of this Notebook is to help you organize information to improve communication and sharing between caregivers and health care providers, so your child will receive the best care possible.

If you have any suggestions that might make this tool even better for yourself and other families, please let us know. We welcome your feedback.

Warm regards,