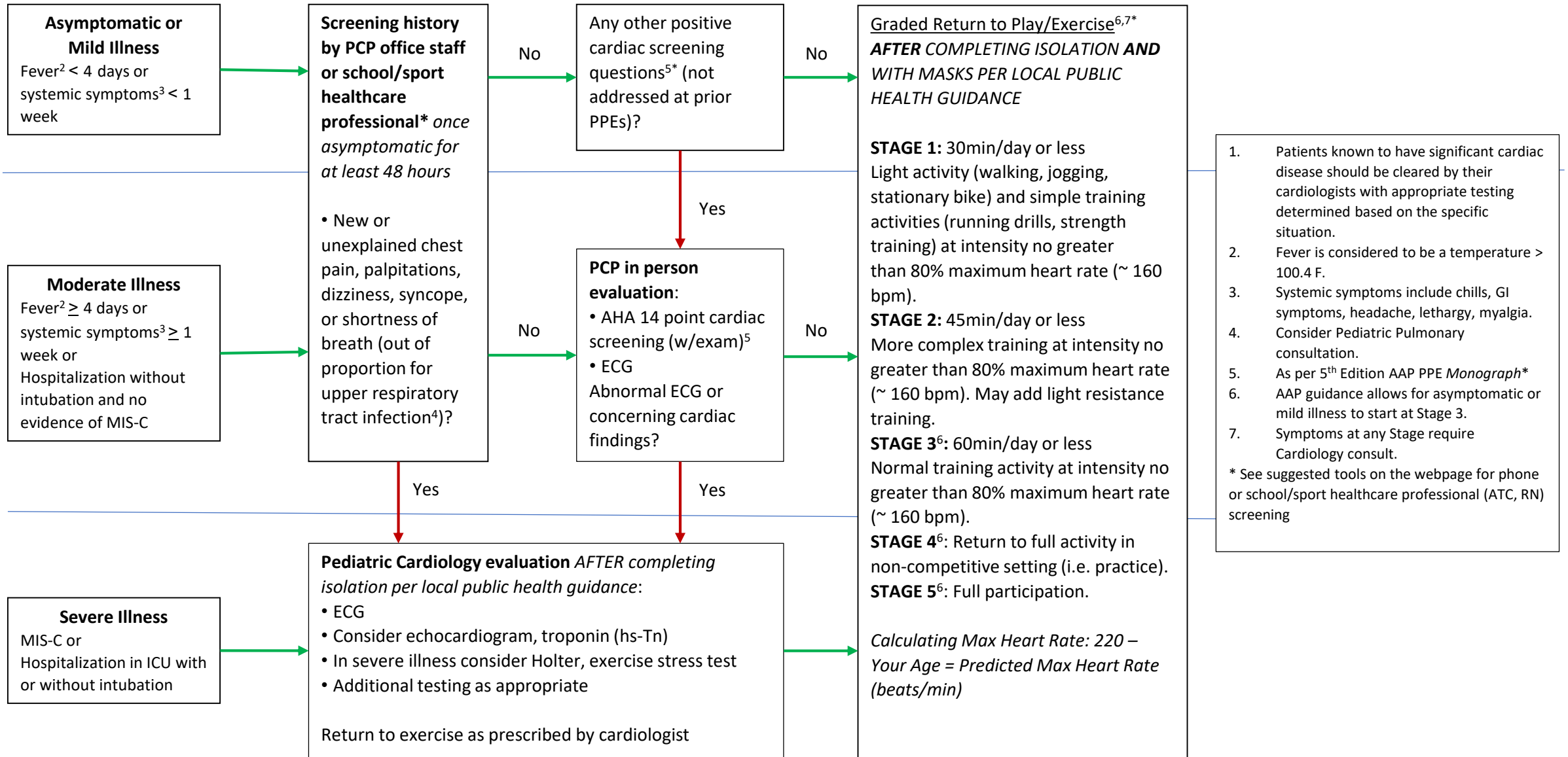


CHaD Return to Exercise Guidance after COVID-19 Infection

**This algorithm is based on expert opinion and should not supersede
best individual clinical judgement.**

**Effective February 7, this guidance may replace any previously published
guidance from CHaD.**

COVID-19 positive test in a pediatric patient with no known significant cardiac disease¹



1. Patients known to have significant cardiac disease should be cleared by their cardiologists with appropriate testing determined based on the specific situation.
 2. Fever is considered to be a temperature > 100.4 F.
 3. Systemic symptoms include chills, GI symptoms, headache, lethargy, myalgia.
 4. Consider Pediatric Pulmonary consultation.
 5. As per 5th Edition AAP PPE *Monograph**
 6. AAP guidance allows for asymptomatic or mild illness to start at Stage 3.
 7. Symptoms at any Stage require Cardiology consult.
- * See suggested tools on the webpage for phone or school/sport healthcare professional (ATC, RN) screening

Symptoms at any stage require Cardiology consult